



Dear all,

My sessions from the 'together we achieve' programme draw to a close as we approach the final session this week for both Fox and Mole class. It has been great working with Year 4, who have continued to impress me with their enthusiasm every Friday afternoon.

The children have learnt about different first aid subjects including practicing CPR the day after 'national start a heart day' in October. Other subjects this year have included;

- Signs and symptom of asthma
- Applying a bandage
- Fainting
- The Primary Survey and practicing the recovery position
- Minor head injuries
- Learning what to say if making an emergency 999 call

As well as learning first aid skills, the children have participated in a variety of teamwork and resilience based activities. I recently asked the children to complete a survey answering different questions. 89% of Fox class scored it 10 out of 10 for how much they enjoyed the sessions. 90% of Mole class scored it 9 or 10 for how much their confidence improved.

In the New Year, I will be working with a different year group at the school, continuing to teach first aid and helping the children develop their resilience, confidence and aspiration.

Merry Christmas,

Mr Mayne



The Mayne Trainer