

St Margaret's CE Primary School



PSHE Policy 2025

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Contents:

1. INTENT

- 1.1 Aims (statement regarding what we want for the children in terms of knowledge, learning skills and understanding)
- 1.2 Principles (breadth, relevance, access for all etc)

2. IMPLEMENTATION

- 2.1 Roles, Responsibilities and Resources
- 2.2 Organisation
- 2.3 Planning and content
- 2.4 Knowledge and skills
- 2.5 Wider opportunities (trips, event, visitors etc)
- 2.6 Inclusion and Extension
- 2.7 Homework

3. IMPACT

- 3.1 Marking and assessment
- 3.2 Monitoring and evaluation
- 3.3 Reporting to parents and governors

Contents:

1. INTENT

Aims

Our Personal, Social and Health Education (PSHE) programme promotes children's personal, social and economic development, as well as their health, wellbeing and their understanding of what it is to be a responsible citizen. It helps to give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.

At St Margaret's, children's wellbeing, happiness and safety are our first priority, and PSHE is one of the key ways in which we share this with children. We regard PSHE as an important, integral component of the whole curriculum; it is central to our approach and at the core of our ethos.

Our PSHE curriculum is broad and balanced, ensuring that it:

- Promotes the spiritual, moral, cultural, mental and physical development of our children and of society;
- Prepares our children for the opportunities, responsibilities and experiences they already face and for adult life;
- Provides information about keeping healthy and safe, emotionally and physically;
- Encourages our children to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.

RSE (Relationship, Sex Education) is taught through PSHE lessons. Please see the RSE policy for extra information on this.

Principles

PSHE (or circle time) is taught across the Primary age phase in a structure which is age appropriate in weekly lessons. The work is a mixture of verbal, physical, drawn and written tasks which enables a wide range of abilities and learning styles to access the curriculum and show their learning. The work is differentiated as needed.

2. IMPLEMENTATION

Roles, Responsibilities and Resources

The subject leader, Paula Bray, oversees and manages PSHE. She has an overview of how the PSHE curriculum is taught across the school, advises and support staff with their understanding whilst ensuring that the subject is sufficiently resourced. She is responsible for monitoring standards in the subject, both with the children's learning and knowledge and how the subject is taught in the classroom, keeping up to date with both National and County priorities.

Organisation

PSHE is delivered within a whole school approach which includes:

- Dedicated curriculum time / circle time
- Teaching PSHE through and in other subjects/curriculum areas
- Specialised assemblies
- Pastoral care and guidance
- Visiting speakers
- Themed days/weeks

PSHE lessons are taught in the most appropriate way for the age of the child. PSHE lessons are taught weekly in whole class groups.

The Early Years Foundation Stage (EYFS) follow the EYFS statutory framework areas of Personal, Social and Emotional development, and Understanding the World. Learning and development opportunities for these areas, as well as Communication and language, can be interwoven within the pupils' experience through daily EYFS play-based activities, role-play areas, quality children's fiction and reflective discussion to begin to build pupils' knowledge and understanding, skills, attitudes and attributes related to PSHE elements of education.

Throughout the school, children work in a variety of different ways during the lessons including adult led groups, mixed ability groups, ability groups, paired work and independent learning.

Planning and content

We follow the Kapow scheme of work when planning our PSHE lessons, supplementing this with resources from other educational providers. Our activities focus on developing the children's understanding and skills of their personal, social, health and wellbeing which are at the heart of all our PSHE work. We adapt and blend the Kapow scheme according to the needs of the children and to fit in with the Christian ethos of our school. Our approach is based on revisiting key concepts and linking different areas of PSHE learning to subject areas and to the wider World.

We also take part in Anti-bullying week, Children's Mental Health week and Safer Internet Day which are a great way to engage our pupils and enhance their learning and understanding of these important, life affecting topics,

We must teach relationships education under the Children and Social Work Act 2017, in line with the terms set out in statutory guidance. We must also teach health education under the same statutory guidance.

Links with other subjects

PSHE themes run through many subjects as well as through the general school organisation. The health, safety, environmental issues and our bodies topics link to science. The environment, our responsibility as good citizens and our local community has strong ties with geography. Many of the moral and cultural aspects such as family and relationships link to Faith and Wonder lessons. There are many overlaps between PSHE and the speaking and listening aspects of English as questioning skills, debates and discussions (especially in KS2) are common within PSHE lessons. History enables the children to understand some of the complex issues such as racism, rights and responsibilities, law and stereotypes. A large number of PSHE objectives cover Digital Literacy which is all about being safe on the internet. The understanding of economic wellbeing also links with maths.

Spiritual, Moral, Social and Cultural understanding

All staff, with the support of parents and carers are consistently promoting, modelling and embodying the school's ethos and values. All staff recognise opportunities that can serve to develop and promote Spiritual, Moral, Social and Cultural (SMSC) in their classrooms and in other contexts. This sparks children's passion for learning, because they make connections, understand themselves better and begin to see more relevance in what they are being taught.

Knowledge and skills

Our PSHE lessons follow the objectives laid out in Early Years Foundation Stage Profile, the 2019 RSE Curriculum and the PSHE Association's Programme of Study for PSHE Education and the RSE. The Kapow scheme breaks down objectives into smaller steps which the children will cover using a wide range of approaches.

We adapt the lessons with a range of resources are used to enhance and personalise our curriculum as we recognise that each school is very different which results in the children all having different needs. Local and national data sources are used to inform our planning e.g. medical, police, social services etc. to identify wider trends in behaviour, attitudes and lifestyles. This helps to inform us of the needs of our pupils as well as consulting our parents staff and children. The teachers also adapt the lessons to cater to the emotional, physical and intellectual needs of the children in their class.

Wider opportunities

PSHE is an extremely broad subject with a wide range of objectives which are covered and enhanced by opportunities such as residential team building trips, school and class talent shows, competitions, school performances and community events such as May Day celebrations and the year six tea dance. We have many visitors ranging from the fire service, road safety officer, RNLI and police. Community events which promotes our citizenship values include May Day and the Year six tea dance.

Inclusion and Extension

Using observations and formative assessment tasks, teachers are able to plan work to challenge the children with their learning. Depending on the nature of the task, children will work in a variety of groups, with a partner or on their own. Discussions with parents, carers, other professionals may take place to ensure that the learning is suitable for children with specific emotional needs.

We promote the needs and interests of all pupils, irrespective of gender, culture, ability, sexuality (LGBT) or personal circumstance (Equality Act 2010). We teach PSHE to all children. Teaching will take into account the age, ability, readiness, and cultural backgrounds of children to ensure that all can fully access PSHE education provision. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties. When teaching PSHE, teachers take into account the targets set for the children with IEPs as some targets may be directly related to PSHE.

Homework

Formal homework is not set for PSHE.

Health and Safety

To protect our emotional health, rules as to how we behave during circle time/PSHE lessons are discussed at the beginning of lessons to ensure that the children understand that we need to listen to each other and show respect as we could be talking about personal and emotional issues. That some of the issues in the lessons are sensitive and therefore should not be discussed outside of the lesson.

Teachers expect the children to work safely when handling concrete manipulatives and act appropriately to their age range.

3. IMPACT

Marking and assessment

Assessment against the Learning Objectives is carried out informally by class teachers and used to identify any areas of weakness or concern. These areas are then focussed on, either in subsequent lessons, or with 1:1 sessions (depending on the need of individual children). All teachers, teaching assistants, midday staff and administrative staff are responsible for informing the teachers about notable points of relationship, personal and social development in individual pupils. It is the responsibility of individual teachers to identify pupils' progress which is well above or below that which is expected.

Monitoring and evaluation

The subject leaders, along with the SLT, are responsible for monitoring the standards of PSHE across the school by looking at planning, children's work, talking to children, learning walks and observations of classroom practice.

Reporting to parents and governors

Parents are informed about their children's achievement within PSHE in the end of the End of Year report. Any issues with their personal, social or emotional development would also be discussed at parent's evenings and throughout the year as needs through emails, educational platforms e.g. Seesaw, phone calls and face to face discussions with parents. Subject leaders are required to feedback to the curriculum governors every year.