

## St Margaret's CE Primary School

### Progression of skills in Games 1

	Striking and Hitting a ball	Throwing and catching a ball	Travelling and passing with a ball	Possession/using space
<b>Year One</b>	<ul style="list-style-type: none"> <li>• Use hitting skills in a game.</li> <li>• Practise basic striking, sending and receiving.</li> </ul>	<ul style="list-style-type: none"> <li>• Throw underarm and overarm.</li> <li>• Catch and bounce a ball.</li> <li>• Use rolling skills in a game.</li> <li>• Practise accurate throwing and consistent catching.</li> </ul>	<ul style="list-style-type: none"> <li>• Travel with a ball in different ways.</li> <li>• Travel with a ball in different directions (side to side, forwards and backwards) with control and fluency.</li> <li>• Pass the ball to another player in a game.</li> <li>• Use kicking skills in a game.</li> </ul>	<ul style="list-style-type: none"> <li>• Use different ways of travelling in different directions or pathways.</li> <li>• Run at different speeds.</li> <li>• Begin to use space in a game.</li> </ul>
<b>Year Two</b>	<ul style="list-style-type: none"> <li>• Strike or hit a ball with increasing control.</li> <li>• Learn skills for playing striking and fielding games.</li> <li>• Position the body to strike a ball.</li> </ul>	<ul style="list-style-type: none"> <li>• Throw different types of equipment in different ways, for accuracy and distance.</li> <li>• Throw, catch and bounce a ball with a partner.</li> <li>• Use throwing and catching skills in a game.</li> <li>• Throw a ball for distance.</li> <li>• Using hand-eye coordination to control a ball..</li> <li>• Vary types of throw used.</li> </ul>	<ul style="list-style-type: none"> <li>• Bounce and kick a ball whilst moving.</li> <li>• Use kicking skills in a game.</li> <li>• Use dribbling skills in a game.</li> <li>• Know how to pass the ball in different ways.</li> </ul>	<ul style="list-style-type: none"> <li>• Use different ways of travelling at different speeds and following different pathways, directions for courses.</li> <li>• Change speed and direction whilst running.</li> <li>• Begin to choose and use the best space in the game.</li> </ul>
<b>Year Three</b>	<ul style="list-style-type: none"> <li>• Demonstrate successful hitting and striking skills.</li> <li>• Develop a range of skills in striking (and fielding where appropriate).</li> <li>• Practise the correct batting technique and use it in a game.</li> <li>• Strike the ball for distance.</li> </ul>	<ul style="list-style-type: none"> <li>• Throw and catch with greater control and accuracy.</li> <li>• Practice and correct technique for catching a ball and use it in a game.</li> <li>• Perform a range of catching and gathering skills with control.</li> <li>• Catch with increasing control and accuracy.</li> </ul>	<ul style="list-style-type: none"> <li>• Move with the ball in a variety of ways and with some control.</li> <li>• Use two different ways of moving with a ball in a game.</li> <li>• Pass a ball in two different ways in a game situation with some success.</li> </ul>	<ul style="list-style-type: none"> <li>• Know how to keep and win back possession of the ball in a team game.</li> <li>• Find a useful space and get into it to support teammates.</li> </ul>

## St Margaret's CE Primary School

### Progression of skills in Games 1

		<ul style="list-style-type: none"> <li>Throw a ball in different ways (e.g. high, low, fast or slow)</li> </ul>		
<b>Year Four</b>	<ul style="list-style-type: none"> <li>Use a bat, racquet or stick (hockey) to hit a ball with accuracy and control.</li> <li>Accurately serve underarm.</li> <li>Build a rally with a partner.</li> <li>Use at least two different shots in a game situation.</li> <li>Use hand-eye coordination to strike a moving and a stationary ball.</li> </ul>	<ul style="list-style-type: none"> <li>Develop different ways of throwing and catching.</li> </ul>	<ul style="list-style-type: none"> <li>Move with the ball using a range of techniques showing control and fluency.</li> <li>Pass the ball with increasing speed, accuracy and success in a game situation.</li> </ul>	<ul style="list-style-type: none"> <li>Occasionally contribute towards helping their team to keep and win back possession of the ball in a team game.</li> <li>Make the best use of space to pass and receive the ball.</li> </ul>
<b>Year Five</b>	<ul style="list-style-type: none"> <li>Use different techniques to hit a ball.</li> <li>Identify and apply techniques for hitting a tennis ball</li> <li>Accurately serve underarm.</li> <li>Build a rally with a partner.</li> <li>Use at least two different shots in a game situation.</li> <li>Explore when different shots are best used.</li> <li>Develop a backhand technique and use it in a game.</li> <li>Practise techniques for all strokes.</li> <li>Play a tennis game using an overhead serve .</li> </ul>	<ul style="list-style-type: none"> <li>Consolidate different ways of throwing and catching, and know when each is appropriate in a game.</li> </ul>	<ul style="list-style-type: none"> <li>Use a variety of ways to dribble in a game with success.</li> <li>Use ball skills in various ways, and begin to link together.</li> <li>Pass a ball with speed and accuracy using appropriate techniques in a game situation.</li> </ul>	<ul style="list-style-type: none"> <li>Keep and win back possession of the ball effectively in a team game.</li> <li>Demonstrate an increasing awareness of space.</li> </ul>

## St Margaret's CE Primary School

### Progression of skills in Games 1

<b>Year Six</b>	<ul style="list-style-type: none"><li>• Hit a bowled ball over longer distances.</li><li>• Use good hand-eye coordination to be able to direct a ball when striking or hitting.</li><li>• Understand how to serve in order to start a game.</li></ul>	<ul style="list-style-type: none"><li>• Throw and catch accurately and successfully under pressure in a game.</li></ul>	<ul style="list-style-type: none"><li>• Show confidence in using ball skills in various ways in a game situation, and link these together effectively.</li><li>• Choose and make the best pass in a game situation and link a range of skills together with fluency, e.g. passing and receiving the ball on the move.</li></ul>	<ul style="list-style-type: none"><li>• Keep and win back possession of the ball effectively and in a variety of ways in a team game.</li><li>• Demonstrate a good awareness of space.</li></ul>
-----------------	---	---	---	--