



Learning God's Way

Headteacher: Mr M Jee

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Introducing Puberty Lesson in Year 4

Dear Parents and Carers,

In Year 4, we introduce the children to puberty. This lesson is compulsory in Year 4. To ensure that the children are taught effectively, we split the classes into boys and girls so that we can address any queries sensitively.

We will then teach the girls and boys about the physical changes in their body that they can expect as they grow older. We also touch onto "hygiene" and why it is important to practice good hygiene especially as we grow older.

This lesson will not include information about periods, sex education or how babies are made. These lessons are taught in Years 5 and 6.

If you have any queries, please do not hesitate to contact your child's class teacher.

Kind regards

Mrs Broomhead and Miss Wilson

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*To develop a life-long love of learning; to grow spiritually and reflect Jesus in our words and action; to foster self-respect and love for others;
to provide opportunities for ALL to flourish; to serve our community; to prepare and equip for an ever-changing world.*