

Staying Healthy

Illness

Feelings

Getting Help

A fun and interactive resource
for learning about health



www.healthforkids.co.uk

Psst! Parents!

As well as enjoying the content with your child, you can get advice on supporting their health and wellbeing.

www.healthforkids.co.uk/grownups

ChatHealth

Find a school nurse messaging service for parents and carers in your area.

Scan the QR code
to start a chat:



Follow us: healthforkids1 @healthforkidsgrownups @Healthforkids1