



We would like to help the NHS and those who are caring for others in our local community so we are asking families to help us make some folded paper ear savers. When people wear face masks for long periods of time, their ears can become very sore as the elastic rubs and pulls on their ears. These 'ear savers' are quick and easy to make and hold the elastic in place on the back of their head. All you need is some paper! It could be scrap paper or even old magazines, catalogues or newspapers! If your paper is plain, you might want to write a nice message on it to cheer everyone up (please do NOT write NHS on them though as not all of them will be going to the NHS). These are currently going to Durrington Ambulance Station, Southlands Hospital, Mill View Hospital, Hove and St Wilfred's Hospice. If you know of any other facility which may like these, please inform Mrs Bray.



Here is a link to show you how to make them.



https://www.youtube.com/watch?v=g_jnlrx2yPw&safe=true

They can be dropped off in an envelope with your children's names on them and how many you have made in the school front porch while doing your daily exercise. These will then be collected and then distributed.

Certificates will be left in the school porch for you to collect and fill in for all children who donate them. If you are unable to drop them into school, you may drop them off at Pier Road Café, Littlehampton. It would be great to hear if you do drop them off to Littlehampton so we can keep a record of how many we have made as a school. If you would like to send a picture of the ear savers which they have made, it would be lovely to receive and display in school or on the school website.

If you would like more information on how you could make scrubs, hats and felt hearts for staff and patients, please visit their Facebook page 'Arun NHS Scrub Community Circle - FTLOS Sussex subgroup'.

If you have any questions, please email me at otter@stmargaretsprimary.org.uk
Thank you for all your support.

Mrs P Bray

