

Newsletter 5

14th December 2022



Learning God's Way

Dear Parents and Carers,

We have finally come to the end of a very busy term and successful Autumn term. Hopefully the Christmas break will enable children, staff and families to relax and keep well over Christmas.



Not feeling Christmassy yet??

Come and join us for our outdoor Carol Service TONIGHT. Children in Years 3-6 have been practising their Carols and readings!!

Wrap up warm and come and sing Carols with the children outside the main entrance.

Warm yourselves around fire bowls, feed the children with hotdogs, hot chocolate and hot mince pies.

6.00 - 6.40pm

Highdown Rotary

You may not have heard about Highdown Rotary but did you know that for several years now some of our members have been coming into St. Margaret's to help the pupils with reading and with maths. So what is Rotary? Well we are a worldwide organisation with 1.4 million members who believe in helping others in our local communities as well as overseas. Apart from helping at St. Margaret's we have also helped Ukraine by sourcing and sending a van full of hospital medical supplies as well as being involved in other projects both at home and abroad. Could you help us to do more either by helping at St. Margaret's or with other projects? You will find that we are a friendly bunch who have fun. Who knows you may find that you end up joining Highdown Rotary! Give us a call on 01903 785888 and let's have a chat.



We say farewell to Mrs Gill Patterson who has been working here as a temporary teacher for a number of years. We wish her well.



Christmas and New Year opening hours 2022/2023

Tuesday 20th December: foodbank open 12pm-3pm

Wednesday 21st December: closed as usual

Thursday 22nd December: phone available 9am-1pm.

Please text or call 07925 862289

Friday 23rd December: foodbank open 12pm-3pm

Saturday 24th December & Sunday 25th December: closed

Monday 26th December & Tuesday 27th December: closed

Wednesday 28th December: closed as usual

Thursday 29th December: phone available 9am-1pm.

Please text or call 07925 862289

Friday 30th December: foodbank open 1pm-3pm

Saturday 31st December & Sunday 1st January: closed

Monday 2nd January: closed

Tuesday 3rd January: normal opening hours resume



THANK YOU!

Thank you

A big thank you to everybody who has helped out at school in so many ways whether it be with Forest School or hearing readers or helping in a host of ways – we really do appreciate your support in helping the children.

Uniform

A big thank you to all those children who wear their uniform with pride and look smart every morning. In the New Year we will be placing a greater emphasis on our uniform and encouraging children to wear our school ties and jumpers and in particular to have appropriate footwear for school. Uniform is especially important for Year 6 children as they prepare for secondary school.

Please see the uniform list for the spring term on our website under Parent Information/Useful Information for Parents/Uniform. Uniform can be ordered using Brigade (details on our website)



Dates
for your



REMAINING INSET Days

May I remind you that the school is closed for staff training on

Monday 16th January 2023

Friday 28th April 2023

Friday 21st July 2023

Parent's Evenings

Tuesday 7th February 3.30 – 6.00pm

Thursday 9th February 4.00 – 7.00pm

Year 6 SATs information evening

Wednesday 11th January 2022 at 6.30pm

CHANGE OF DATE

Dalesdown Information Evening –

Wednesday 18th January 2022 at 6.00pm

And finally...

On behalf of the staff may I wish you all a very happy and peaceful Christmas and a wonderful New Year.

We look forward to seeing the children return to school on **Tuesday 3rd January 2023.**

Yours sincerely

Mike Jee

Headteacher

St Margaret's C.E. Primary School, Arundel Road, Angmering, West Su:

To develop a life-long love of learning; to grow spiritually and reflect Jesus in our words and action; to foster self-respect and love for others; to provide opportunities for ALL to flourish; to serve our community; to prepare and equip for an ever-changing world.

And the angel said unto them,

FEAR
NOT: FOR
BEHOLD,
I BRING YOU
GOOD TIDINGS
OF GREAT JOY,
WHICH SHALL BE
TO ALL
PEOPLE

PARENTING THROUGH DIFFICULT TIMES

ONLINE PARENTING COURSE

Non-judgemental support in the privacy of your home



This 3-week course will help you to:

- give your child/ren a sense of calm and safety
- help your children settle in school
- give your child tools for managing their big feelings: increased anxiety, frustration, disappointment
- enjoy parenting in these strong times
- figure this all out in a supportive mini-community of ten parents

LIVE WITH KIM
THREE 2-HOUR
ONLINE GROUP
SESSIONS

with parenting guide and author Kim McCabe

BONUS VIDEOS
TO RECAP PLUS
EXTRA GUIDANCE

to guide you through the week

PRIVATE
FACEBOOK
GROUP

if you want continued support during the week

What we can offer you

Interactive short-course for parents of school-aged children, helping you to do your best parenting in this time of uncertainty, guided live by best-selling author Kim McCabe.

Free for parents in West Sussex until March 2023 (subject to availability)



Is this for me?

- Is this for Dads too?
Absolutely, Dads are welcome and encouraged.
- I've a son aged 5, and daughters aged 8 and 15, is this course for me?
You will learn tools you can put into immediate use whatever your child's age or gender.
- Will recordings be available afterwards?
No, sessions are live, interactive and confidential so we won't record them.
- How can I contact the organizer with questions?
For more information about this course, Kim McCabe or her book, please email ukadmin@ritesforgirls.co.uk



Who is Kim McCabe?

Kim McCabe, author of 'From Daughter to Woman' and founder/director of Rites for Girls CIC specialises in guiding parents. She draws on thirty years experience of working with preteens and teens, of advising parents, and lessons she learned from her own mothering journey with two boys and a girl.

Interested?

To book a funded place email: ukadmin@ritesforgirls.co.uk

funded by West Sussex County Council



@RitesForGirls



ukadmin@ritesforgirls.co.uk



www.ritesforgirls.com

Featured in **THE SUNDAY TIMES**

GIRLS' NET

SHARING TALES, TIPS AND TOOLS

ONLINE GIRLS' GROUP

Fun and support in the privacy of your home



In this 6-week series you can:

- be you, no need to change anything to fit in
- belong to a friendly group of same-age girls
- share fun tips and tools to handle difficulties
- calm anxious feelings
- enjoy a safe, private online group

SIX 1½ HOUR WEEKLY
ONLINE GROUP SESSIONS
FOR TEN SAME-AGE GIRLS

with a Rites for Girls trained Girls' Net Mentor

Free for girls in West Sussex until March 2023 (subject to availability)



"We just want to have fun. But sometimes, when life's hard, we want some help and some fun. This course will give you both."

Kim McCabe
- founder/director Rites for Girls


ukadmin@ritesforgirls.co.uk

www.girlsnet.org

@RitesForGirls

funded by West Sussex County Council





Holiday Clubs

St Margaret's School

(Open to children in Reception to Year 8 from any school)

HAF

We have 25 free places per day for eligible children. These are government funded hours for all children in receipt of benefit related free school meals.

You must have a HAF ID number - please contact WSSC for further information

Please book under the HAF link on the booking site - you are eligible for 16 free hours over Christmas

Holiday Clubs running this Christmas

Main holiday club: Monday 12th December to Thursday 22nd

Football Camp: 21st Dec

Dance Camp: 20th Dec

HAF: 16 hours free childcare 19th - 22nd Dec

Meals


All meals include fruit, veggie sticks, yoghurts or a hot pudding. We can cater for all allergies and dietary requirements - just make sure you let us know in advance.

This is our menu for the Christmas week:

Monday: Meatballs and Spaghetti OR Pasta pot
Tuesday: Chicken carbonara OR tomato pasta, sausage rolls and carrot batons
Wednesday: Lamb casserole OR tuna or cheese wraps
Thursday: Christmas turkey lunch OR turkey or cheese rolls

Meals are included for HAF children but can be booked as an add on for all other children

BOOK ALL ACTIVITIES HERE:
www.activ8forkids.schoolipal.co.uk



Who is the service for?

SPOA accepts referrals for children and young people from the age of four up to a young person's 18th birthday. The young person must also be registered with a West Sussex GP, whilst recognising and working within NHS CHOICE regulations (please note. YES will accept referrals for young people who live in West Sussex or go to a West Sussex school).

All Autistic Spectrum Condition (ASC) and ADHD (neurodevelopmental) referrals need to continue via the current referral routes, unless there is a mental health or emotional wellbeing concern separate to this. Referrals for young people with eating disorders should be made directly to the Sussex Family Eating Disorder Service (SFEDS).

Other Support

sussexcamhs.nhs.uk

mental health information, advice and resources for young people, parents/carers and professionals.

westsussex.gov.uk/yourmindmatters

local information, self-serve advice and training for young people and families.

Contact us


If you are unable to complete the online referral form or have any questions about a referral, please email:

WestSussexSPOA@spft.nhs.uk

For more information about the service, go to:

sussexpartnership.nhs.uk/west-sussex-spoa

Follow us on social:

 @our_mh_space

 @our_mh_space

This document is available in alternative formats on request, such as large print, electronically or another language.

Please contact:

communications@spft.nhs.uk

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West Sussex
Single Point of Access

Emotional wellbeing and
mental health support for
children and young people



YMCA

YMCA
DOWNSLINK GROUP

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Emotional wellbeing and
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children and young people



YMCA

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WINTER HOLIDAY ACTIVITIES AND FOOD FOR CHILDREN

Children and young people aged 4 to 16 who are eligible for Benefits-related Free School Meals* can take part in free clubs this Winter Holiday and enjoy a free nutritious meal as part of the scheme.

Visit our website to find the fun activities near you this winter and book your place

*Check eligibility on the webpage and find information about further support and activities available. Places are limited. Paid-for-places may be available, contact individual clubs for availability.

SCAN ME



WS33006 10.22

www.westsussex.gov.uk/HAF

#HAF2022

CONTEMPORARY JAZZ FUSION



Brand New Classes start Friday 6th Jan

Friday's

5-5.45pm - School Years 2-4
5.45-6.30pm - School Years 5-8

Angmering Village Hall

Station Road, Angmering

Book a 2 week trial for just £9.00

YOUNG AT HEART MOVES TO MUSIC



Angmering Village Hall

Station Road, Angmering, BN16 4HL

Starts Thursday 22nd September

10.45-11.30am

£6 per session
(payable half termly)

1st session half price!



Want to attend a dance class but worried you won't keep up? This is the class for you! A fun, slow paced class covering a mix of styles designed to help with fitness and co-ordination. Taught in a friendly and relaxed environment, this is a great chance to reap the benefits of music and dance whilst meeting new people.

Get in touch for more info and to book a 2 week trial:

WWW.CHARLOTTEREADERDANCE.CO.UK



07946734599



AGES 7 to 11

HAF

Activities at Worthing Theatres and Museum

Free Holiday Activities and Food (HAF) sessions at WTM this festive season, for Ukrainian refugees and those who receive free school meals.

Fantastic creative sessions where kids can watch a show, learn a new dance routine, or make special eco crafts to take home. Including...

Monday 19th & Thursday 22nd December

Creative Seasonal Craft Workshops at Worthing Museum

Tuesday 20th December

Jack And The Beanstalk: The Panto & Workshop at the Pavilion Theatre

Wednesday 21st December

Matilda the Musical & Workshop at the Connaught Cinema

To sign up and for more info, scan the QR code or email jo.dorey@wtm.uk



WTM worthing theatres and museum

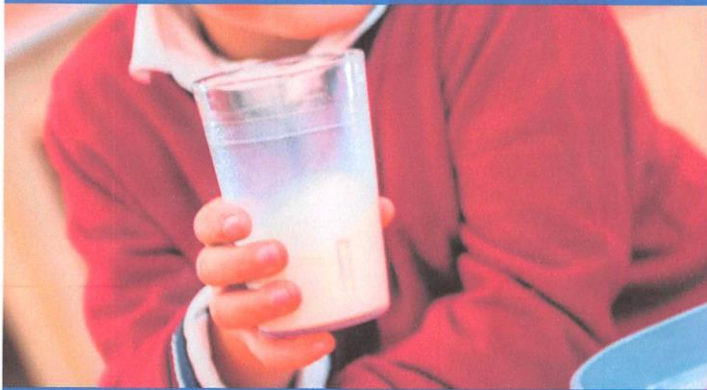




FREE and subsidised school milk

Register your child today!

Is your child entitled to FREE milk?



Register your child for school milk today.

Sign them up in a few clicks...



Go online and quickly register your child for school milk at www.coolmilk.com



Need help? Contact our Customer Service team on **0800 321 3248** or via email at registrations@coolmilk.com

Cool Milk
www.coolmilk.com

The UK government continues to support school milk. Milk for under-5s is fully funded by DHSC via the Nursery Milk Scheme. Milk for over-5s is subsidised by Defra via the School Milk Scheme.
Company registration no. 3903430 England

Cool Milk
www.coolmilk.com

St Margaret's C.E. Primary School, Arundel Road, Angmering, West Sussex, BN16 4LP

To develop a life-long love of learning; to grow spiritually and reflect Jesus in our words and action; to foster self-respect and love for others; to provide opportunities for ALL to flourish; to serve our community; to prepare and equip for an ever-changing world.